If your family member has Alzheimer's or a related dementia, please join us to share experiences, stories and self-care strategies with others in similar situations. Wherever you are in your journey, we'd love to have you.

## You are not alone DEMENTIA FAMILY SUPPORT GROUP

BEGINNING JANUARY 15 THIRD TUESDAYS 6:30P - 8P COMPASS CENTER - ROOM 304 4201 POOL ROAD, GRAPEVINE

> RSVP to Shelly Smith 817.906.1478 shellysmith@mycompasschurch.com

## FACILITATED BY:

DAVE PARKS, HOME CARE ASSISTANCE PATTY WILLIAMS, RUBY CARE SENIOR LIVING ADVISORS

First 10 people to RSVP will receive the book and workbook set for free! "You Have to Laugh to Keep from Crying, How to Parent Your Parents" by Charlotte Canion (\$40 value)